

Alvin Butler, LMHC ♦ Harry Spears, LMHC
225 SW 7<sup>th</sup> Terrace • Gainesville, Florida 32601
352-379-2829 • 352-379-2843 Fax
www.itmflorida.com

## **INFORMATION FOR NEW CLIENTS**

Effective communication between client and therapist is an important part of the therapy process. The following information covers many of the questions that may arise about therapy and includes a listing of the client's rights and responsibilities. Any questions you may have that are not covered in this notice should be brought to the attention of The ITM Group and Associates staff.

### **CLIENT RIGHTS**

The following is not a list of legal rights, but rather is a statement of what you can reasonably expect from The ITM Group and our Clinicians. As a client receiving treatment at our office you are entitled to:

- Be treated with dignity, courtesy and respect
- Ask Questions relevant to your care.
- Know when your clinician is available to see you, or if not, how long the waiting period would be.
- Be informed about areas of specialization and limitations.
- Ask questions about written materials regarding your treatment.
- Actively participate in developing your treatment goals.
- Be informed regarding fees for treatment and method of payment, including insurance reimbursements.
- Discuss aspects of your treatment with others, including consulting with other clinicians.
- Request that a written report regarding services rendered to a qualified professional, or organization upon your written authorization.
- Request information about the Code of Ethics to which The ITM Group and their Clinicians adheres
- Terminate therapy at any time.
- Confidential communication in accordance with State and Federal law, and best practices of the profession (A copy of our Notice of Privacy Practices is kept in the waiting area)

### **EMERGENCY PROCEDURES**

During after hours or weekends if you have an emergency or a life threatening situation please call the Alachua County Crisis Center (352) 264-6785 or 911.

#### TREATMENT METHODS

Counseling sessions are generally around 60 minutes in length. The frequency of sessions and the length of your treatment are aspects of therapy that you and your clinician will decide together based on your individual treatment needs and progress. Generally, various modalities of treatment are utilized for different problems. Please ask, if you have any questions about the nature of your treatment.

## **DISSATISFACTION WITH TREATMENT**

Sometimes a client will not obtain the desired results or goals from therapy in the time period expected. This can result in frustration and dissatisfaction. During the process of therapy, emotional distress can arise as difficult issues are processed. Please discuss this with your clinician. If your concerns are not resolved, and adequate progress is not being made or if it becomes apparent that your clinician is not a good "fit" with you, your clinician may either make a referral for more specialized care, or discontinue therapy and assist with a referral to an appropriate therapist, health care professional or treatment program.

You may frequently have questions for our support staff. Jackie Piel manages the front desk and is often the person who schedules appointments and any questions related to insurance or billing just prior to seeing your clinician. The front desk staff will schedule follow up appointments as you leave the office. If there is already someone being served at the front desk, please wait in the waiting room to be served. This allows us to maintain a greater degree of confidentiality. As a service to you, the staff will usually call you the day prior to your appointment as a reminder, however, if they cannot call, THIS REMAINS YOUR RESPONSIBILITY to remember your appointments. We will send you a monthly statement for your records. If you would rather that we not send a statement to a particular address, or call you at a particular number, please let our staff know.

The staff is committed to providing you with care that is helpful. The ITM Group and our clinicians pursue excellence in a variety of clinical treatments. The ITM Group and our clinicians provide individual therapy with a wide population, and perform psychological evaluations. The ITM Group practices in a setting that includes many clinicians, therefore allowing easy referral to a professional that will likely meet your needs. We welcome any suggestions you may have about how we might improve the quality of services we provide.



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THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

### FEDERAL LAW REQUIRES THE PROVISION OF THIS NOTICE

We are required by law to maintain the privacy of Protected Health Information, and must inform you of our privacy practices and legal duties. You have the right to obtain a paper copy of this Notice upon request. WE are required to abide by the terms of the Notice of Privacy Practices that is most current. We reserve the right to change the terms of the Notice at any time. Any changes will be effective for all protected health information that we maintain. The revised Notice will be posted in the waiting room. You may request a copy of the revised Notice at any time.

We have designated a Privacy Officer to answer your questions about our privacy practices and to ensure that we comply with applicable laws and regulations. The Privacy Officer also will take your complaints and can give you information about how to file a complaint. Or Privacy Officer is Alvin Butler, LMHC. You can contact the Privacy Officer by calling (352) 379-2829.

# USE AND DISCLOSURE OF YOUR PROTECTED HEALTH INFORMATION THAT WE MAY MAKE TO CARRY OUT TREATMENT, PAYMENT, AND HEALTH CARE OPERATIONS

We may use information I your record to provide treatment to you. We may disclose information in your record to help you get health care services from another provider, a hospital etc. For example, if we want an opinion about your condition from a specialist to obtain a consultation.

We may use or disclose information from your record to obtain payment for the services you receive. For example, we may submit your diagnosis with a health insurance claim in order to demonstrate to the insurer that the service should be covered.

We may disclose information from your record to allow "health care operations". These operations include activities like reviewing records to see how care can be improved, contacting you with information about the treatment alternatives, and coordinating care with other providers. For example, we may use information in your record to train our staff about your condition and its treatment.

#### **YOUR RIGHTS**

You may ask us to restrict the use and disclosure of certain information in your record that otherwise would be allowed for treatment, payment, or health care operations. However, we do not have to agree to these restrictions.

You have a right to receive confidential communications from us. For example, if you want to receive bills and other information at an alternative address, please notify us.

You have a right to inspect the information in your record, and may obtain a copy of it. This may be subject to certain limitations and fees. Your request must be in writing.

If you believe information in your record is inaccurate or incomplete, you may request for amendment of the information. You must submit sufficient information to support your request for amendment. Your request must be in writing.

You have the right to request an accounting of certain disclosures made by us.

You have the right to complain to us about our privacy practices. Including the actions of our staff with respect to the privacy of your health information. You have the right to complain to the Secretary of the Department of Health and Human Services about our privacy practices. You will not face retaliation from us for making complaints.

Except as described in this Notice, we may not make any use or disclosure of information from your record unless you five your written authorization. You may revoke an authorization in writing at any time, but this will not affect any use or disclosure made by us before the revocation. In addition, if the authorization was obtained as a condition of obtaining insurance coverage, the insurer may have the right to contest the policy or claim under the policy even if you revoke the authorization.

# USE OR DISCLOSURE OF YOUR PROTECTED HEALTH INFORMATION THAT WE ARE REQUIRED TO MAKE WITHOUT YOUR PERMISSION:

In certain circumstances, we are required by law to make a disclosure of your health information. For example, State Law requires us to report suspected child abuse or neglect. Also, we must disclose information the Department of Health and Human Services, if requested, to prove that we are complying with regulations that safeguard your health information.

We may use or disclose information from your record if we believe it is necessary to prevent or lesson a serious and imminent threat to the safety of a person or the public. We may report suspected cases of abuse, neglect, or domestic violence involving adult or disabled victims.

# USE OR DISCLOSURE OF YOUR PROTECTED HEALTH INFORMATION THAT WE ARE ALLOWED TO MAKE WITHOUT YOUR PERMISSION:

There are certain situations where we are allowed to disclose information from your record without your permission. In these situations, we must use our professional judgment before disclosing information about you. Usually, we must determine that the disclosure is in your best interest, and may have to meet certain guidelines and limitations. If you receive mental health care, including treatment for substance abuse, information relating to that care may be more protected than other forms of health information. Communications between a psychotherapist and patient in treatment are privileged and may not be disclosed without your permission, except as required by law. For example, psychotherapists still must report suspected child abuse, and may have to breach confidentiality if you appear to pose an imminent danger to yourself or others, in order to reduce the likelihood of harm to you or other. We may report births and deaths to public health authorities, as well as certain types of diseases, injuries, adverse drug reactions and

product defects. We may assist health oversight activities, such as investigations of possible health care fraud, We may disclose information from your record as authorized by workers' compensation laws.

We may disclose information from your record if ordered to do so by a court, grand jury, or administrative tribunal. Under certain conditions, we may disclose information in response to a subpoena or other legal process, even If this is not ordered by a court. WE may disclose information from your record to a law enforcement official if certain criteria are met. For example, if such information would help locate or identify a missing person, we are allowed to disclose it. If you tell us that you have committed a violent crime that caused serious physical harm to the victim, we may disclose that information to law enforcement officials. However, if you reveal that information in a counseling or psychotherapy session, or in the course of treatment for this sort of behavior, we may not disclose the information to saw enforcement officials.

We may use or disclose information from your record for research under certain conditions. Under certain conditions, we may disclose information for specialized government purposes, such as military, nation security and intelligence or the protection of the President.

The confidentiality of protected health information related to alcohol or drug abuse is protected by federal law regulations. Violations of the federal law and regulations is a crime and may be reported to appropriate authorities. We may not disclose any information about you unless you authorize the disclosure in writing, except as specified. We may disclose information about you in a medical emergency, to permit you to receive needed treatment. We may disclose information about you for purposes of program evaluations, audits or research. We may disclose information about you if you commit a crime on our premises or against any person who work for us or if you threaten to commit such a crime. We are required to disclose information about you if we suspect child abuse or neglect. Except as stated in this Notice, you have the same rights and protections with respect to your health information as described in our general Notice of Privacy Practices.

We may contact you to provide appointment reminders as a courtesy. WE may contact you with information about treatment alternatives or other health-related benefits or services that may be of interest to you.

Client Name		
Client Signature	 	
Date	 	

# PRELIMINARY EVALUATION INFORMATION

Identifying Information					Date:_	
Name of Child				SS#		
Address		City			State	Zip
Phone: (H)	(W)		D	ate of B	irth	
Birthplace		Sex: Male	Or		(Circle O	
Name (s) of person (s) completing	this form:				ationship_	
Name (s) of person (s) having custo	ody of child:			Rel	lationship_	
Who referred you to us:		·				
Presenting Problem		٠				
In the space below, describe as spe evaluation of your child.	cifically as possible				u to seek t	reatment or
What do you believe to be the mos				s?		
At what ages did you first notice th	nese problems?					
Have there been any family change related to these problems?	es or difficulties (new Please explain	baby, death, div	vorce,	family ar	guments,	etc.) which may be
Has your child ever been treated for	or any behavioral and	/ or emotional p	robler	ns? Yes		No
As an outpatient (clinic, private, et	c.)					
Name Address		P	hone (	)	1	
Address		City	`		State	Zip
Name of doctor / therapist	4					
Reason for treatment						
Name	77	P:	hone (			
Address		City			State_	Zip
Name of doctor / therapist						
Reason for treatment						

As an inpatient (in a hospital, residential treatment center, etc.)

Name	Phone (	)			
Address ·	City	teZ	ip		
For how long?	Dates				
Name of doctor / therapist					
Reason for admission					
Name	Phone (				
Address	City	Sta	.te2	.ip	
For how long?	Dates				
Name of doctor / therapist					
Reason for admission					
(If more space is needed please list in	formation on the last page	)			
Has your child experienced any of the following:					
			Age	How often	
Makes up stories excessively	Yes	No			
Talks to imaginary companions	Yes	No			
Sees or hears things that do not exist	Yes	No			
Runs away or sneaks out	Yes	No			
Sets fires	Yes	No			
Problems with the law	Yes	No			
Talked about or threatened to harm self	Yes	No			
Has harmed self	Yes	No		-	
Has excessive fears	Yes	No			
Is hyperactive	Yes	No			
Substance Abuse		No			
Sadness or Depression	Yes	No _			
Aggression towards others		No		_	
Temper tantrums		No			
Overanxious		No			
Sleeping problems	Yes	No No			
Bad dreams / nightmares		No _			
Lost interest in activities		No			
Impulsive; acts without thinking	Yes	No			
Sudden behavior or personality change		 No			
Inappropriate sexual behavior		No No		<del></del>	
Poor appetite		No			
Problems with authority		No _			
Takes risks.	· · · · · · · · · · · · · · · · · · ·				
Has companions which are negative influences		No			
Destruction of property	-	— No —			
Cruelty to animals		No _			
·					
Has your child previously been evaluated with psychologassessments? Yes No	gical tests, e.g. intelligenc	e testing	and/orpo	ersonality	
****					
If so, please provide us with the name and address of the	e psychologist or school s	o that we	may ohta	in a report or	
other pertinent data from this evaluation.	, balanaraPint or portoor, a	O LILLE YYO	muy oota	m a roport of	
other perthient data from this evaluation.					

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Name:					Phone ( )	
Address			Cit	у	State	Zip
SCHOOL INFORMATION			-			
What schools has your child attend	led? (Begin	with present	school)		·	
School and Address			Grade	ı	Special	Education
			Giado		Бросіні	Lancation
,						
Has your child ever repeated a grade Repeated						
Grade Repeated Grade Repeated	Reason_					
T-4:	6 1	avhia ata				
Estimate grade average for each ye	ar for school	subjects:		5th	6th	7th
K 1st 2nd 8th 9th 10th		+ui	12th		_ 0ш	_ / ш
Has your child experienced any of						How often
Getting along with other children		•••••		Yes	No	
Short attention span  Overactive						
Reading						
Writing letters or numbers					No	-
Spelling						
Math					No No	
Finishing work in class						
Homework						-
Frequent absences due to illness					No	-
Skipping school					No	
Behavior / conduct problems				Yes	No	
Please rate your child=s effort in s	chool:					
Maximum High	h	A	verage_		Low	
What are your child=s usual condu	act orades?					
Grade: K-2	3-5		6-8		9-12	
Please estimate your child=s intelli	igence level:	Below Av	erage	Average	Above Aver	age
Name of teacher (s) we can contac	t for informat	ion regardin	g your ch	ild=s school p	erformance:	
Name of school:		•		Phone #		

## MEDICAL HISTORY

Name of child=s pediatrician or family doctor#	Phone
Has your child ever been in the hospital for medical problem	s: Yes No
Dates Names of Hospital, City & State	
Does your child have any physical or medical problems or h Yes No, If yes, please explain:	andicaps? (e.g., diabetes, asthma, heart condition, etc.)?
Is your child taking any medications? Yes No long has he / she been taking it?	If yes, what is it, who prescribed it and how
	How Long
Does your child have any allergies? Yes No	If yes, describe what they
Has your child experienced any of the following?  Soiling or lack of bowel control	Yes         No           Yes         No
What childhood illnesses has your child had?	
Illness	Age at time

If yes, please describe the circumstances:	of these illnesses (high fever,	•	a, etc.)? Yes	No
Has your child been injured in any accide			Please descr	ribe.
Incident		Injury		
Was your child ever unconscious, in a co	<del></del>			
If yes, please explain:				
DEVELOPMENTAL INFORMATIO				
Where there any physical or emotional d please describe:			****	
Was this child premature or full term:early:	·			
Long labor				Eclampsi
Long labor  Caesarean Section	Forceps delivery			_Eclampsi
Long labor Caesarean Section Other	Forceps delivery	Breech	birth	-
Long labor  Caesarean Section  Other  Were there any immediate complications  Please list the age at which your child:	Forceps deliverys following delivery? Yes	Breech	f yes, please des Any P	scribe:
Long labor  Caesarean Section  Other  Were there any immediate complications  Please list the age at which your child:  Walked	Forceps deliverys following delivery? Yes	Breech  Noi  Age:	f yes, please des Any P Yes	scribe: roblems?
Long labor  Caesarean Section  Other  Were there any immediate complications  Please list the age at which your child:  Walked  Calked (words)	Forceps delivery s following delivery? Yes	Breech No if Age: Age: Age: Age:	Any P Yes Yes Yes Yes	scribe: roblems? No No No
Long labor  Caesarean Section  Other  Were there any immediate complications  Please list the age at which your child:  Walked  Calked (words)  Calked (sentences)	Forceps delivery	Breech No if Age:	Any P Yes Yes Yes Yes Yes Yes	roblems?  No  No  No  No  No
Long labor Caesarean Section Other Were there any immediate complications Please list the age at which your child: Walked Talked (words) Talked (sentences) Weaned Foilet trained	Forceps delivery s following delivery? Yes	Breech No is Age: Age: Age: Age:	Any P Yes Yes Yes Yes Yes Yes Yes Yes	roblems?  No  No  No  No  No  No
Long labor  Caesarean Section Other  Were there any immediate complications Please list the age at which your child: Walked Falked (words) Falked (sentences) Weaned Foilet trained	Forceps deliverys following delivery? Yes	Breech No is Age:	Any P Yes	roblems?  No  No  No  No  No  No
Caesarean Section  Other  Were there any immediate complications  Please list the age at which your child: Walked  Talked (words)  Talked (sentences)  Weaned  Toilet trained  Began puberty  If there were any difficulties, please explain	Forceps delivery	Breech No is Age:	Any P Yes	roblems?  No  No  No  No  No  No
Caesarean Section Other  Were there any immediate complications  Please list the age at which your child: Walked Talked (words) Talked (sentences) Weaned Toilet trained Began puberty If there were any difficulties, please explications	Forceps delivery  following delivery? Yes  ain:  T CHILD	Breech	Any P Yes	roblems?  No  No  No  No  No  No
Were there any of the following complain  Long labor  Caesarean Section  Other  Were there any immediate complications  Please list the age at which your child:  Walked  Talked (words)  Talked (sentences)  Weaned  Toilet trained  Began puberty  If there were any difficulties, please explications  PERSONAL INFORMATION ABOUT	Forceps delivery  following delivery? Yes  ain:  T CHILD	Breech	Any P Yes	roblems?  No  No  No  No  No  No

What does your child	spend most of his / her free time	doing?		
NUTRITIONAL IN	FORMATION			
Has your child had an	a eating problem? YesNo	Please explain	: (include dates)	
	een on a special diet? Yes	Noif yes, ple	ase explain	
	ietary habits that should be noted?	Yes No if	yes, please explain_	
FAMILY INFORM				
Biological Father			Date of birth	
Occupation				
Address		City	State	Zin
Home Phone ( )		Work Phone ( )		 Ext
Schooling		Social Secu	nrity#	
Marital Status		Number of marriages	inty #	
Occupation _	442.00			
Address		City	State	7in
Home Phone ( )		Work Phone ( )	·State	Zip
Schooling		Social Soci	rrity #	LXL
		Number of marriages	inty #	
mana Sialus		Transpor of matitages		
Stepfather			Date of birth	
Occupation				
Address		City	State_	
Home Phone ()_		_Work Phone ()_		Ext_
		Social Soci	urity #	· · · · · · · · · · · · · · · · · · ·
Marital Status		_Number of marriages		- · · · · · · · · · · · · · · · · · · ·
0, 1	•		D	
Stepmotner			Date of birth	
Occupation	<del></del>	O:4-	0	7,
Address		City .	State	Zip
Home Phone ()_		Work Phone ()_	· · · · · · · · · · · · · · · · · · ·	Ext_
Schooling Marital Status		Social Socu Number of marriages		
			Date of birth	
Address		City	State	Zip
Home Phone ()_		_Work Phone ()_		Ext_
Schooling		Social Soci		
Marital Status	· · · · · · · · · · · · · · · · · · ·	Number of marriages		
Adoptive mother			Date of birth	
	* * * * * * * * * * * * * * * * * * *			·
		City	State	7in
			- Stato	Ext
			ritv #	
Occupation Address Home Phone () Schooling		City	State_	Zip_ E

Marital Status		_Number of m	arriages			
Please list all brothers and s	isters (include half-siblings):	:				
Name	Date of birth	Sex	Preser	nt Health		Living at home
	<del></del>				·	
•						
Others at home:						
Name	Date of birth	Sex	Relati	onship		
			-			
Has your child ever lived wi whom and why:	th anyone else for any period	d? Yes	No	_ If yes, w	hen (give	dates), with
When?	With whom?		Why?	•		
Epilepsy	pitalizationtional problemsedication.		YesYesYesYesYesYesYesYesYes	No _No _No _No _No _No		elationship
What kinds of things do AL	·					
Have the mother and father of Yes No Wh	ever been separated for a per	riod of time (a	rmed ser	rvices, illn	ess, marit	al problems, etc.)
Religion of child						
I understand that this inform	•		child an	d will be ir	ncluded ir	his / her records.
SignedParent / Legal Guar				Date		
Parent / Legal Guar	dian					